**POLLEN AND NECTAR PLANTS FOR YOUR PPW GARDEN IN FAIRFIELD COUNTY, CT**

There is a huge variety of native plants to use. Following are lists of the ‘basic’ ones .

All flowering plants provide nectar, which is essential to feed all the insects and bees.

This list was created with input from the New England Wildflower Society

(This venerable organization is now called The Native Plant Trust, **nativeplanttrust.org**), Audubon, Natureworks Garden Center, Pollinator Pathway organization, NY Botanical Garden.

**TREES:**

Oaks: Quercus sp. (sp = species)

Cherry; Prunus sp

Eastern red cedar: Juniperis virginiana

Sassifras: Sassifras cv (cv=cultivars)

Blackgum: Nyssa sylvatica

American hazelnut: Aesclus cv

Maple: Acer cv

Yellow birch: Betula allegheniensis and others

Shadbush: Amelanchior

**SHRUBS:**

Spice bush; Lindera bezoin

Highbush blueberry: Vaccinium corymibosum

Mountain Laurel: kalmia latifolia

Lowbush blueberry: Vaccinium angustifolium

Sumac: Rhus aromatica

Inkberry: Ilex glabra

Chokeberry: Aronia cvz

Red twig dogwood: Cornus serica

Pussy willow : Salix cv

Viburnum: Viburnum cvs

American holly: Ilex opaca

Winterberry holly: Ilex verticillata

Witch hazel : Hamamelis

**PERENNIALS:** partial list:

Columbine: Aquilegia

Goldenrod: Solidago

Milkweed: Asclepieas

Asters

Solomans seal

Coreopsis

Hellebores

Black eyed susan: Rudbeckia

Helianthus

Lupines

Joe Pye weed (eupatoriums)

Pennsylvania sedge

Ironweed*:* Veronia

Cardinal flower: Lobelia cardinalis

Monarda

Black-eyed Susan (Rudbeckias)

Bleeding Heart : Dicentra

Penstemon

Gairrardia

Gaura

Phlox

Virginia bluebells : Mertensia

Violets

Tiarella

Trilliums

**ANNUALS:**

Alyssum

Angelonia

Argerartum

Bidens

Calibriachola

Calendula

Celosia

Cleome

Cosmos

Dahlias

Daisies

Gaura

Gomphrena

Lantana

Lavenders

Heliotrope

Lantana

Nicotiana

Pansies

Pentas

Petunia

Phlox

Salvia

Snapdragons

Sunflowers

Tithonia

Verbenas

Zinnias

MLMcGuire 3/2020